

## Medieval Season at Battle Abbey

Saturday 17 August to Friday 23 August Times 10am – 5pm

Join us at Battle Abbey during the summer holidays to learn what life was like in medieval times. From medieval archaeology to dancing, and rulers to peasants there will be different activities each week to take part in.

## This Week:

It is the year 1066 and the Normans are invading! Test your sword skills to join the ranks of the Saxons and then test your (hobby) horse riding skills to become a Norman Knight! Let's go into battle and tell the story of The Battle of Hastings at 1.30pm every day. Come and find a soldier's kit and weapons to learn about 1066 and all that!

10:30	Sword School	Practice your sword fighting with quintains and dummies – you never know when an attack may begin
11:30	Jousting	Don a helmet, mount your hobby horse, and pick up a lance to learn how to joust!
12:30	Sword School	Last chance to master the sword before the battle!
13:30	The Battle!	The battle is nigh! Get in formation and play out the Battle of Hastings
14:30	Jousting	Take turns to gallop towards your target upon your hobby horse with lance in hand
15:30	Sword School	Last chance to perfect your swordplay with UP AN' AT 'EM! HISTORY

SAFETY NOTICE: Children must be always accompanied by an adult

Visit english-heritage.org.uk/events or call 0370 333 1183