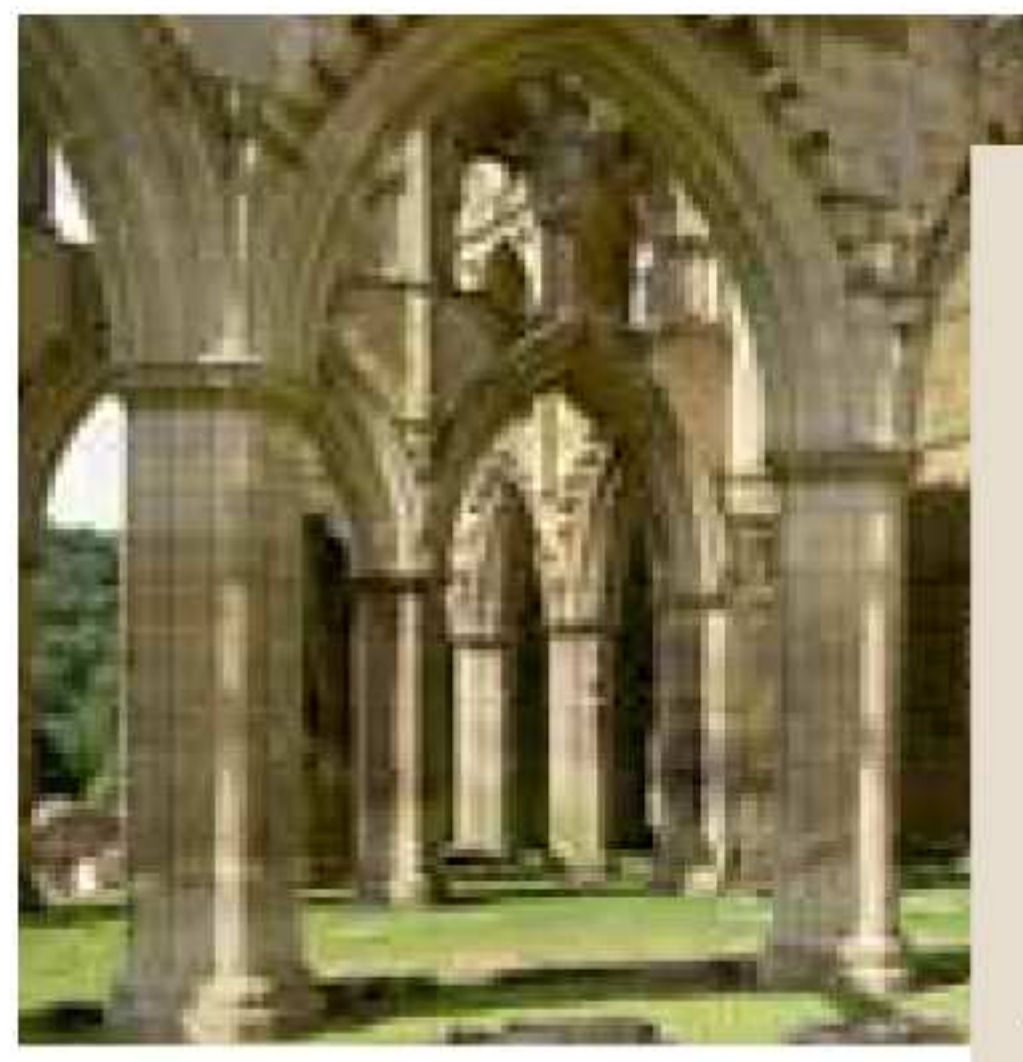




# HELMSLEY CASTLE TO RIEVAULX ABBEY WALK

Follow in the footsteps of medieval monks on a picturesque walk between two unique English Heritage sites. Enjoy seasonal changes to the landscape and treat yourself to a cup of tea and slice of cake in our tearoom at Rievaulx Abbey.



Over eight centuries ago Aelred, Rievaulx Abbey's most famous abbot, wrote 'Everywhere peace, everywhere serenity, and a marvellous freedom from the tumult of the world.' That description of Rievaulx is still true today.

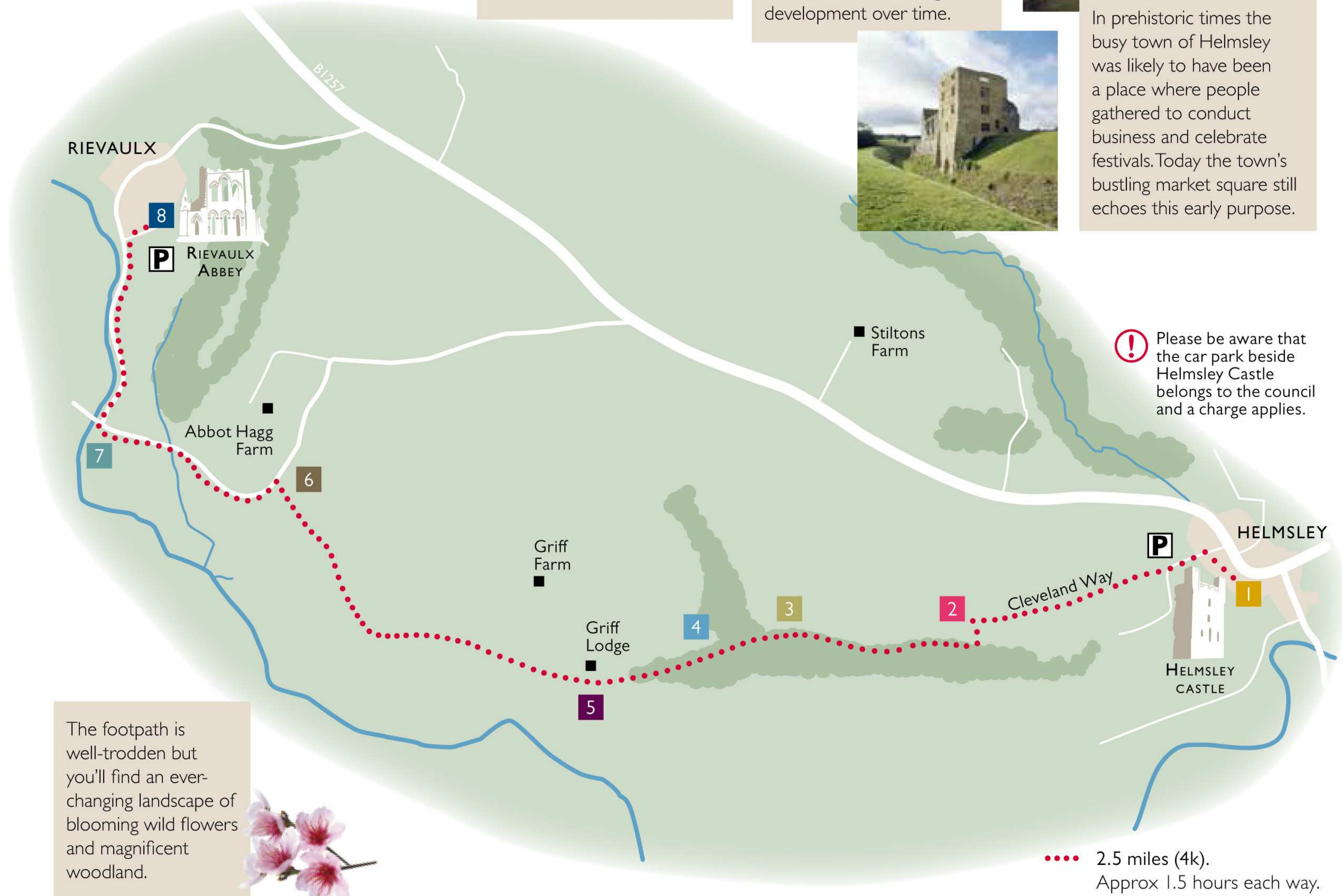
Over the centuries Helmsley Castle has evolved from a mighty medieval fortress to a luxurious Tudor mansion, to a Civil War stronghold and a romantic Victorian ruin. Discover more in our exhibition showing its development over time.



In prehistoric times the busy town of Helmsley was likely to have been a place where people gathered to conduct business and celebrate festivals. Today the town's bustling market square still echoes this early purpose.



- 1 Beginning at Helmsley Castle, turn left out of the car park and follow the track (sign posted 'Cleveland Way').
- 2 At the top of the track, go through the kissing gate and turn left down the side of the field. Then turn right, keeping the woodland on your left.
- 3 Go through the gateway and continue down into the wood.
- 4 At the edge of the wood, continue straight ahead up the slope.
- 5 Cross the track, pass to the left of Griff Lodge, and continue ahead.
- 6 Turn left at the road, initially following a path and then the minor road.
- 7 Turn right on the Rievaulx road leading you to the abbey.
- 8 Arrive at Rievaulx Abbey.



The footpath is well-trodden but you'll find an ever-changing landscape of blooming wild flowers and magnificent woodland.



## FACILITIES

- Parking
- Unfortunately the path isn't suitable for wheelchairs or pushchairs.
- We welcome dogs at both sites. The walk passes through fields where sheep and horses may be grazing. Please keep your dog under control at all times and always on a short lead when livestock are present.
- Pack up a picnic to enjoy while you take in the views, or head to Rievaulx's newly opened tearoom for freshly made cake.